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**FITMAX
VIBRATION
PLATE**

SKU KM-818



EILISON
BETTER TOGETHER

BRAND STORY

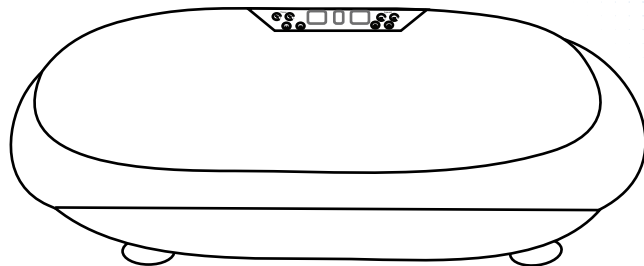
Health and happiness are interrelated. You can be the richest, most successful person but if you are not healthy, you will never be at peace mentally.

Unfortunately, this is something that people realise a little too late in life.

Fortunately, we are here to give you a small reminder of this fact.

Sometimes we wish to start the journey of a healthier, fitter life but we lack guidance. We don't know where and how to start. Eilison was started with the intention of giving just that.

We, the founders of the brand, have witnessed this first hand with people in our lives. Situations where health was taken for granted or ignored due to lack of proper assistance, only to regret it later. Our aim is to make sure it does not happen to anybody else. We are not here only to sell the best quality products. We are here to ensure you have the best quality lifestyle.



Fitmax Vibration Plate

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TECHNICAL DATA

Product Name	Fitmax Vibration Plate
Brand Name	Eilison
Warranty	Lifetime
Max load	350lbs/159kg
Function	Oscillation
Oscillation Movement	Pivot (Up & Down)
Bluetooth Speakers	Yes
Vibration Speed Level	1-120
Display	LCD Display
Power	300W
Voltage	110 V AC

WHAT'S IN YOUR PACKAGE



Vibration Plate



Power Cord



Loop Bands



Remote

ABOUT THE PRODUCT

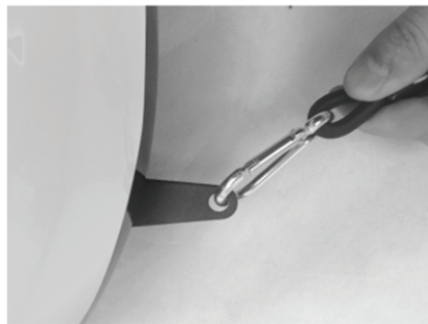
Eilison Fitmax vibration plate uses noiseless powerful motor to generate pivot oscillations. Helps in lymphatic drainage, increase bone density, improves blood circulation, reduce belly fat, reduce weight.



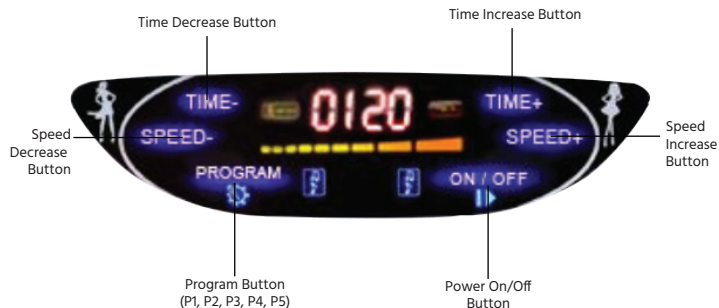
STEP BY STEP GUIDE TO OPERATE IT

Follow Below Steps for Setup

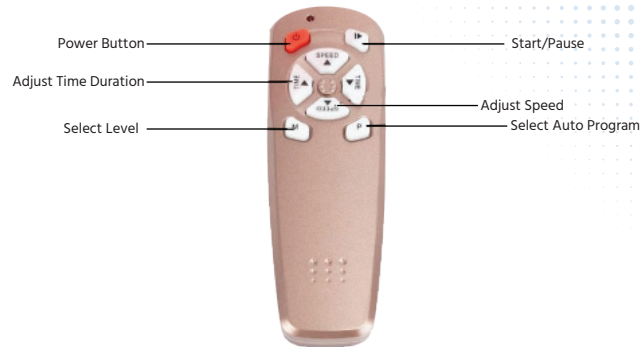
1. Remove Fitmax vibration plate from packaging
2. Attach power cord to the vibration plate and connect it with a source of power supply
3. Insert AAA batteries in remote
4. Insert both loop ropes on bottom sides of vibration plate using hook on elastic bands to clamps under the base of machine



UNDERSTANDING DISPLAY



REMOTE FUNCTIONALITY



Step-1: Press power button to turn On or Off your machine.

Step-2: Manual Mode

- Use time and speed button to use time duration and speed for your manual workout.
- Now press start button
- While machine running you will able to increase/decrease speed not time.

Step-3: Auto Mode

- Press **P** button to toggle between 5 auto modes.
- To start machine vibrating press start button after pressing **P** button.
- In auto mode you will not be able to change timer and speed.

Step-4: M Mode

Press **M** button

- In this Mode speed level will be at 20, 50 and 110 and workout time will be 15 minutes.

Note: In auto mode you will not be able to change time or speed.

To change time or speed you need to stop the machine.

- In manual mode only speed can be change while machine is running.
- To change time, first stop the machine using start button then set time and then press start button again.
- For stopping machine any time press stop button.
- Max timing that can set is 15 minutes.
- Speed Level 1-120.

HOW TO CONNECT BLUETOOTH

- Go to "Bluetooth settings of your device.
- Connect to ZZ10
- Play any music of your choice
- Volume can be control from connected device only

Below chart shows how speed varies in each program modes after each minute

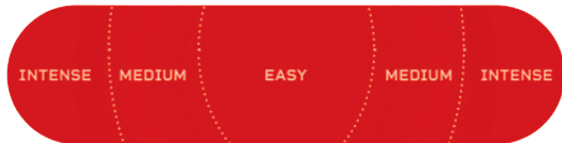
Speed	Program	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1
Low	1	2	4	6	8	10	13	15	12	9	8	8	10	13	15	12
Medium	2	8	14	8	14	8	20	8	14	8	14	14	8	20	8	14
	3	12	23	29	38	49	6	68	76	48	29	38	49	56	68	76
High	4	9	13	16	21	24	35	67	50	38	30	21	24	35	67	50
	5	23	55	23	55	23	55	23	55	23	55	55	23	35	23	55

1. Each program has 15 minutes of cycle.
2. Number in each rows show speed level of machine at above mentioned minute.

LOW SETTINGS P1	MEDIUM SETTINGS P2-P3	HIGH SETTINGS P4-P5
Great for starting out. <ul style="list-style-type: none">• Detoxification• Increased bone density• Improved balance• Lymphatic drainage• Improved postural control	Perfect for people with arthritis and fibromyalgia <ul style="list-style-type: none">• Joint maintenance• Improved postural control• Fat loss• Increased bone density• Improved postural control• Improve balance• Cellulite removal	Great for increased intensity. <ul style="list-style-type: none">• Fat loss• Muscle growth• Highly increased bone density• Power accumulation• HGH release

STANDING POSITION

Stand with your feet close together for an “easy” workout and stand with your feet further apart for “medium” and “intense” workouts.



Horizontal Adjustment

(Incorrect adjustment may cause noise)

If any noise caused, please see below adjustable feet as below



Note: Use vibration plate on flat hard surface.

SAFETY PRECAUTIONS:

Please keep this manual in a safe place.

WARNING: To reduce the risk of burns, fire, electric shock, or injury to persons, please read the following important precautions and information before operating the vibration platform.

1. It is the responsibility of the owner to ensure that all users of vibration platform are adequately informed of all warnings and precautions.
2. Operate vibration platform only as described in this manual.
3. Place the vibration platform on a level surface. To protect the floor or carpet from damage, place a mat beneath vibration platform.
4. Keep the vibration platform indoors, away from moisture and dust. Do not place the vibration platform in a garage or covered patio, or near water.
5. Do not operate vibration platform where aerosol products are used or where oxygen is being administered.
6. Keep children under the age of 12 and pets away from vibration platform at all times.
7. Vibration platform should not be used by persons weighing more than 350lbs/159kg.

8. Never allow more than one person on vibration platform at a time.
9. Keep the power cord and the surge suppressor away from heated surfaces.
10. Never leave the vibration platform unattended while it is running.

Always unplug the power cord when it is not in use.

11. Operate the vibration platform only as described in this manual
12. Inspect and tighten all parts of vibration platform regularly.
13. Wrong usage could influence the stability of vibration platform.

For example, the post is made to support you during an exercise to keep you balance. One should NOT PUSH the post for stretching or use the post to create more tension.

14. Never insert or drop any object into any opening on the vibration platform.
15. DANGER: Always unplug the power cord before cleaning vibration platform and before performing the maintenance and adjustment procedures described in this manual, Never remove the motor hood unless instructed to do so by on authorized service representative. Servicing other than the procedures in this manual should be performed by an authorized service representative only.
16. Vibration platform is intended for in-home use only. Do not use vibration platform in any commercial, rental, or institutional setting.

WHAT ELSE YOU GOT?

A. WARRANTY

Eilison offers lifetime warranty of the product. In case there arises any issue or problem with the product, it shall be our responsibility to arrange for repair or replacement.

To avail the warranty, register on our website within 7 days of delivery. Follow these steps for registration:

Visit <https://eilisonglobal.com/warranty-registration>

Fill in the details Click "Send"



B. COMPLAINTS AND QUERIES

We are striving hard to deliver the product to your satisfaction. Sometimes due to unavoidable circumstances like in-transit damage or manufacturing defect, there can arise any issue with the product. For all such or any other complaints/ queries, email us at customer care@eilisonglobal.com or WhatsApp us on +1 (415) 400-9913.